

Good Neighbor Week

REGISTRATION FORM

Celebrate Good Neighbor Week (September 28 – October 4, 2025) by doing something kind for a senior in your neighborhood!

Choose a senior neighbor and let them know it's Good Neighbor Week—you'd love to do something thoughtful to brighten their day. Need ideas? Here are a few ways you can help:

Take out their trash, Help with yard work, Bring in their mail, Run an errand, Assist with technology, Make them a cheerful card, Offer a ride, Do a small home repair, Bake them cookies, Invite them over for coffee.

A small act of kindness can make a big difference. Be a good neighbor!

Once you have completed your neighborly task, please complete this form and return it to the Wellness Cafe inside the Excelsior Springs Community Center, 500 Tiger Drive, Excelsior Springs, MO. You will receive your choice of a FREE Regular Menu Shake or a Frozen Yogurt with two toppings!

You must turn this form in by October 31, 2025.

Hours of Operation:

Monday- Thursday 9am -1pm, 2:45pm-8pm

Friday 9am-1pm, 2:45pm-5pm, Saturday 10am - 2pm

Sunday Closed



Full Name _____

Address _____

City _____ State _____ Zip _____

Please describe your task and a little about the neighbor you helped:

Consent

Children under the age of 18 require parental or guardian consent to participate in this activity. Please provide the following information:

Parent/Guardian's Printed Full Name

Signature of Parent/Guardian

Date