



The Neighborhood Engagement Newsletter!

"Helping Neighbors Connect"

March 2026

Contact Neighborhood Specialist, Laura Mize, for assistance and tools in planning your neighborhood gathering!
816-629-7011



Upcoming engagement events!

- **March 20th: Mr. Rogers' Birthday**
- **March Neighborliness Bracket**
- **April 5th: Out & About in Your Neighborhood**
- **Stay tuned for Mayor's Block Party Challenge details!**



Recipes for Connection is a great tool from the Surgeon General's Office on gathering and food!



JOIN US...

for a walk, stroll, or roll through our neighborhood on the first Sunday evening of each month (weather permitting). Bring your family, bring your friends, even bring your furry friends!

TWO WAYS TO PARTICIPATE

1. Go around the neighborhood visiting friends old and new
2. Sit outside greeting those passing by, offer a seat or treat

Communities are stronger when people know each other. You can make a difference by helping to establish the Out&About tradition in our neighborhood. **It's fun!**

see map at
outabout.org
© Neighborhood Out&About



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March Neighborliness

March Neighborliness concludes on March 20, the birthday of Mister Fred Rogers!

Tell us what you decide is the champion act of neighborliness worth your time by emailing burtond@missouri.edu

1 Share food or goodies

16 Host driveway chat

9 Help an elderly neighbor

8 Loan a tool

12 Donate to little free library

5 Start a book club

13 Neighborhood potluck

4 Help with a chore

3 Pickup neighborhood trash

14 Walk with a neighbor

11 Use a neighbors name

6 Sidewalk chalk art

7 Deliver handwritten note

10 Deliver flowers

15 Host ice cream social

2 Host a coffee social

Champion

Join the Neighboring Movement

Your act of kindness toward a neighbor helps create healthy neighborhoods & communities.

Become an Engaged Neighbor:

<http://engagedneighbor.com>

Pursue the Common Good

with The Hopeful Neighborhood:

<https://www.hopefulneighborhood.org/>



Helpful Links:

[Longer Tables](#)

[Block Party USA](#)

[City of Excelsior Springs](#)

[Neighboring 101](#)

[Recipes for Connection](#)

[Excelsior Springs Community Foundation](#)



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Happy Birthday, Mr. Rogers!

Did you know that March 20th is Mr. Rogers birthday?

Although we think of neighboring when we think of Mr. Rogers, he was primarily an expert in Child Development. He understood how the setting of a healthy neighborhood contributed to healthy children. I believe the best way to honor Mr. Rogers is to work to create a neighborhood that is peaceful, friendly and beautiful where children can thrive. Learn the names of your neighbors, and if they have children, make a point to greet them by name. Data shows that children benefit psychologically from knowing their neighbors. It adds a layer of security to their mindset.

"As human beings, our job in life is to help people realize how rare and valuable each one of us really is". -Fred Rogers

Won't you be my neighbor?



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What is Out & About?

Out & About in Your Neighborhood was created by Matt Evans in Draper, Utah.

OutAbout is working to establish a new tradition: on the first Sunday evening of every month, everyone goes outside to stroll their neighborhood and visit their neighbors.

It's an easy but powerful tool to build social capital and combat loneliness and polarization.



Would you be willing to help spread the word about
Out & About in your neighborhood?

Signs and door hangers are available for free!



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There are two ways to participate in Out & About:

1. Neighbors can go for a walk in their neighborhood and greet other walkers.
2. Neighbors can sit out front and offer a seat or treat to those who are passing by.



If you would be willing to spread the news by hanging door hangers in your neighborhood, please email Laura Mize at Neighborhoods@ExcelsiorSprings.gov. Thank you!!





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A YEAR OF NEIGHBORING

- **January:** Neighboring resolutions
- **February:** "Dear Excelsior Springs," Write down a favorite memory, place, event, or tell about a kind neighbor (coming in 2027!)
- **March:** March Neighborliness Bracket
- **March-November:** Out & About in Your Neighborhood
- **April:** The Mayor's Block Party Challenge begins
- **May-August:** Block Parties
- **June:** Show Me Neighborhood Art Week
- **September:** Missouri Good Neighbor Week
- **October:** Halloween ends The Mayor's Block Party Challenge
- **November:** Friendsgiving
- **December:** Advent Neighboring, 31 Days of Neighboring



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