



EXCELSIOR SPRINGS

Parks · Recreation · Community Center

Job Title:	FEAT Performance Coach	Job Category:	Fitness
Department/Group:	ESPRCC	Supervisor:	Assistant Director
Location:	ES Community Center	Date Closing	Open until filled
Level/Salary Range:	C Starting at \$15.45/hour	Position Type:	Part-time/Seasonal

ESPRCC is looking for a team-oriented performance coach who will assist in shaping the future of a growing ESPRCC FEAT Performance program. A performance coach will be someone energized by a fast-paced environment with strong communication skills, the ability to identify areas of improvement, program development and can be a team player. The successful candidate will be responsible for scheduling, training, and supervising athletes, along with program development through the FEAT program. The FEAT Performance Coach shall be responsible for the administration, direction, and supervision of the FEAT athletes. Failure to provide adequate services will result in unsafe recreation facilities or a lack of programs in the community. This will have an impact on the quality of life for all residents and will affect the health and wellness of community members, and youth and elders in particular.

ESSENTIAL JOB FUNCTIONS:

1. Instructing, motivating, and assisting clients in a safe, legal, moral, ethical manner to achieve their goals.
2. Conducting on-site assessments of clients' health utilizing our property evaluation protocols.
3. Updating training plans and /or re-evaluating clients as needed to ensure optimal outcomes.
4. Maintaining constant communication with clients to ensure goals are being met.
5. Partnering with the employer to conduct various client engagement and educational activities and events.
6. Presenting FEAT Performance methodology and programming.
7. Reporting various metrics to operations; attendance, engagement, outreach efforts, and activity level.
8. Participating in program planning and development, as well as and/or carry out related research.
9. Leading and/or participating in staff education covering all aspects of FEAT methodology.
10. Perform all aspects of the position held in a professional manner.
11. Follow established policies and procedures of the Excelsior Springs Community Center.
12. Maintain professional credentials as required including attending necessary continuing education courses.
13. Other duties as assigned.

QUALIFICATIONS AND EDUCATION REQUIREMENTS:

1. Four-year college degree in a health and/or fitness related field and/or equivalent experience in a related field is recommended, or working towards a degree.
2. Experience in a sports performance role to include FEAT performance, working with youth, high-school, collegiate and professional athletes.
3. Experience in leadership positions and ability to show examples of goals achieved.
4. Excellent verbal, written and interpersonal communication skills.
5. High level of organization demonstrating sound judgment, initiative and independent thinking.



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6. Ability to develop short-term and long-term plans.
7. Ability to effectively work/interact with diverse populations.
8. Demonstrated ability to effectively inspire, develop and lead a team.
9. Excellent working relationships with community partners.
10. High ethical standards and possess strong personal and professional integrity.
11. Ability to successfully obtain and maintain certification in CPR/AED and First Aid.
12. Must have a current national accredited certification or working towards (ACE, ACSM, NASM, NSCA, CI- CPT AFAA)

PREFERRED SKILLS:

1. Strong customer service skills.
2. Ability to follow written and verbal instructions. Intermediate proficiency with Microsoft Office Software applications including Word, Excel and PowerPoint. Experience with Sportsman software is a plus. If no experience must be willing to go through proper training to master this program.
3. Ability to gather information, make computations and assist in other department activities.
4. Must be able to maintain confidentiality.
5. Ability to establish and maintain effective working relations with coworkers and the public.
6. Ability to make work-related decisions in accordance with department policies and regulations with a minimum of supervision.
7. Skill in organizing, planning and preparing materials and evaluation goals and objectives.
8. Ability to establish good working relationships with public, subordinates and supervisors.
9. Ability to maintain self-control and composure and set a professional example for the staff and participants.
10. Ability to demonstrate a strong commitment to patron services.
11. Ability to understand, analyze and implement ideas and concepts.
12. This work is typically performed while intermittently sitting, standing, stooping, walking, bending, or crouching. Must be able to complete pre-employment physical skills at any point during employment.
13. Frequently lifts heavy objects, and uses tools or equipment requiring a high degree of dexterity.
14. Ability to work nights and weekends with irregular work hours.
15. Exposure to communicable diseases and bodily fluids.
16. Must be able to lift, push, pull, and carry up to 50 pounds in weight. Proper lifting techniques required.
17. Position may require bending, leaning, kneeling, and walking.

ADDITIONAL NOTES:

This position description has been prepared to assist in defining job responsibilities, and skills needed. It is not intended as a complete list of job duties, responsibilities, and/or essential functions. This description is not intended to limit or modify the right of any supervisor to assign, direct, and control the work of employees under supervision. The Director retains and reserves any or all rights to change, modify, amend, and or delete, any section of this document as it deems, in its judgment, to be proper.